



FARMINGDALE ROTARY CLUB

NO. 5051
DISTRICT 7250
CHARTERED:
JUNE, 13, 1928

P.O. BOX 575 FARMINGDALE, NY 11735

WWW.FARMINGDALEROTARY.ORG

MEETS EVERY WEDNESDAY 12:10 PM at Terry G's
354 MAIN STREET FARMINGDALE NY 11735

79, Issue 19 | 78 YEARS OF "SERVICE ABOVE SELF" Nov. 2007

OFFICERS

- President
Robert Diaz
- Vice President
Prakash Pisipati
- Secretary
Willis Carman
- Treasurer
John Cuccia
- Bulletin Editor
Stuart Sinclair
- Sergeant-At-Arms
Mark Lagnese
- Historian
Bob Callahan

DIRECTORS

- Chairman.
Ted Firetog
2007-2008
Robert Chapman
2007-2008
Yesh Purandare
2007-2008
L Constantinopoli
2007-2008
Nancy White

Honorary Members

Gregory W. Carman, Sr.
Pastor, Diane Dunne

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PROGRAM : MEETING ON WEDNESDAY, November 14, 2007

President Robert Diaz introduced VP Prakash Pisipati who in turn introduced today's speaker, Barbara Swanwick, M.S., who is a certified hypnotherapist, teacher and Rubenfeld Synergist. Ms. Swanwick discussed some of the uses of hypnotherapy. It can be used to help people stop smoking, stop overeating, reduce stress, perform well in sports and have a heightened awareness. It is similar to meditation. Hypnotherapy can help you relax before going to your dentist for example. Ms. Swanwick has a number of dentists who utilize her services. Hypnotherapy also helps in treating phobias. Fear of flying, or trains or heights can be reduced through hypnosis. It is also helpful in treating autistic children and in pain management. Hypnotherapy is not covered by health insurance and must be reinforced periodically.

Yasuo Usui responded for the Rotary Club. Yasuo learned that being hypnotized won't result in you saying the wrong thing and that it is not used to get private information out of someone. He is now convinced that hypnosis is a good tool in helping people relax and overcome phobias. Barbara Swanwick's phone number is (516) 944-6639.

Upcoming Programs

| DATE | SPONSER | SPEAKER | Title/TOPIC |
|---------|---------|-------------------|--------------------------|
| Nov. 21 | | Jamie Bogenschutz | Yes Community Counseling |
| | | | |
| | | | |



Announcements

Announcements!

The Pancake Breakfast was a success. Over \$1,500 was raised. Thanks to Mary Ann Mangels, John Cuccia, Len Constantinopoli and many others for their hard work.

HOLIDAY PARTY IS AT PALMERS 12/13/07 6-9PM \$40 PP DIANE DILORENZO IS THE CHAIR.

District will host a GSE team from 4/19/08-5/18/08.

Kathy Firetog collected Happy Bucks. Trevor Firetog was happy his mom was collecting. Bill Carman was happy his friend John Halpern was present. Ruth Betz was happy she is going to Virginia. Diane DiLorenzo is happy her daughter is coming for a visit.

Fund Raisers

The Club plans another Wine and Food Event this year. Start talking to your favorite restaurants about participating. Lou is working on a May 1, 2008 date.

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Calendar

Calendar

| | |
|--------------|-----------------------------|
| Dec. '07 | Salvation Army Bell Ringing |
| Dec. 13 | Holiday Party at Palmers |
| Feb.'08 | Spaghetti Dinner |
| March'08 | Bowling Fellowship |
| April/May'08 | Wine & Food event, 5K run |
| June '08 | Fishing Trip |

Rotary Club Meeting: General

The Farmingdale Rotary Club held its weekly luncheon meeting at Terry G's Restaurant in Farmingdale. President Robert Diaz presided. Diane DiLorenzo gave an eloquent invocation.

Board Meeting news:
The next Board of Directors meeting is at President Diaz's office on Mon. 11/19, 6:30PM..

THE CLUB VOTED UNANIMOUSLY FOR THE SERVICE PROJECTS OF A MEMORIAL BENCH FOR NATIONAL CEMETERY

AND FOR THE SOUTH INDIA WATER PROJECT. THE FIRST COSTS \$900 AND THE SECOND PROJECT COSTS \$2,500.

ATTENDANCE

Ruth Betz calculated attendance at 64.7%..
Guests:
John Halpern
Rev. Christine Peterson Snyder
Diane Dilello
Tervor Firetog
Margie Sinclair

Birthdays and Anniversaries: (11/1/07-11/30/07)

ANNIVERSARIES

John Allen (11/25)
Jerry Levine (11/13)
Mike Muchmore(11/28)
Sal Nicosia(11/29)

BIRTHDAYS

Stu Sinclair (11/24)
Willis B. Carman(11/13)

Rotary International / Rotary Foundation /District 7250 News

The new District Governor Sammy Hsiao was installed on June 27.

The District Conference will be held at Leonard's of Great Neck on May 16 and May 17 2008. Because it is being held locally, the District Governor expects everyone who is able to attend.

The Rotary Foundation Institute instructional seminar is on October 15 in Tarrytown.

District Governor Sammy Hsiao:

7250 website:

www.gateway7250.org



Birthdays And Wedding Anniversaries





THE FOUR AVENUES OF SERVICE

CLUB SERVICE *denotes chairperson

Director: Len Constantino-poli*

Classification and Membership: Survey the club's classification and work toward increasing membership

Yasuo Usui, Bill Carman Jr., Bill Carman

Diane DiLorenzo Len Constantino Ben Giminaro

Sunshine and Fellowship: Schedule and oversee fellow-

ship activities. Inform the club of special events in members lives. Sending cards and gifts. Nancy White, Ted &

Kathy Firetog

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Rotary Information: Update club on new happenings in Rotary International. Give a short summary of the Rotary Magazine to club each month.

, Committee Members: All Farmingdale Rotary Members.

Pat Stickle, Bob Callahan, Yasuo Usui

ROTARY INTERNATIONAL & DISTRICT 7250 OFFICERS

President of RI

Wilfrid J.

Wilkinson

Dist Governor

Sammy Hsiao

Dist. Treasurer

Bernard J. Sandler

COMMUNITY SERVICE

Director: Nancy White

Scholarships / Interact:

Selection of scholarship winners. Make sure they are eligible to receive the second half of their award. Inform Board of student projects we may be able to get involved in.

Kevin Bagnasco Ben Giminaro Ted Firetog, John Cuccia, Sergio Aguirre

Social and Welfare: Inform

VOCATIONAL SERVICE

Board of any persons who may require our assistance and inform the Club of any projects and activities the Club

should undertake to improve life in the community.

Mary Ann Mangels, John Allen, Ann Falco, Paul Gattj

Public Relations: Work with local newspapers and the community getting the word of Rotary activities. Pat Stickle,

Stu Sinclair, Ruth Betz

INTERNATIONAL SERVICE

Director: Yesh Purandare*

Student Exchange and Group Study Exchange

(G.S.E.) Committee:: Participate in the selection and supervision of our incoming and outbound team members.

Help obtain housing and transportation for visiting inbound team members and students.

Kevin Bagnasco Bill Carman (son) ,Mike Muchmore,

Rotary Foundation: Keep club informed of Foundation and any changes and grant opportunities..

Mike Muchmore *

John Allen Bob Callahan

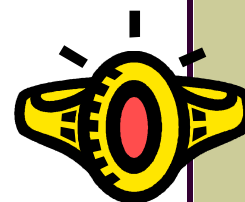
Gift of Life: Be a participant in the joy of helping save the life of a child.

Ruth Betz Diane DiLorenzo Sal Nicosiai



PAUL HARRIS FELLOWS

| | | | |
|-------------------------|---------------|-------------------------|-----------------|
| Charles O. Schmidt * | Charter Pres. | | |
| Halsey B. Knapp * | PP 31-PVPRI | Mildred DeMarco | |
| Weldon E. Howitt * | PP 1936 | James McKenna* | |
| Charles M. Schmidt * | PP 52-PDG | Alex R. Matera | |
| 57 | | PP 1969 | Charles W. Fed- |
| W. Ellery Follett * | PP 1937 | Bill Fanning | erlin PP |
| Willis B. Carman, Sr. * | PP 1954 | PP1990 | 1992 |
| Arthur F. White * | PP 1956 | William B.Haydu | |
| David Allee * | PP 1958 | Kevin Bagnasco | PP 1994 |
| Fred Hackett | PP 1965 | Robert J.Chapman | PP 1993 |
| Robert Stockbridge * | PP 1963 | Gregory W.Carman, Sr. | PP 1997 |
| Albert Meyerstein * | not a PP | Wayne M.Muchmore | PP 2003 |
| Willie F. Oxendine * | PP 1987 | James R.Corgee | |
| John O.Wagner, Jr. * | PP 1957 | Salvatore J.Nicosia | PP 1973 |
| Benjamin Giminaro | PP 1976 | John Allen | PP 1996 |
| Robert M.Callahan | PP 1962 | Edoardo Licci | PP 1998 |
| Anthony M. Tonachio | PP 1978 | Joseph Trudden | |
| Howard T.Hogan* | | Nancy White | PP 1999 |
| Willis B.Carman, Jr. | PP 1974 | Stuart Sinclair | PP 2004 |
| William P.Metzendorf | PP 83-DG 00-1 | Leonard Constantinopoli | PP 2000 |
| Gilbert C.Pabst * | PP 1984 | Hilda Carman | |
| Ann E.Metzendort | | Margaret Sinclair | |
| Dorothy Oxendine | | Gigi Simonitti | |
| Rudolph Jahn | | Yasuo Usui | pequa PP 1995 |
| Sebastian Albrecht | PP 1955 | Eric Chimon | PP 2001 |
| Frank Bondietti | PP 1985 | Joseph Meares | PP 1995 |
| Edwin J.Lucie | PP 1975 | Lou LaRocco | |
| Cynthia Pabst* | | Marialyce Denauski | |
| Alfred LiCausi | | Jane Muchmore | |
| Paul A.Erlanson * | PP 1970 | Ruth Betz | PP2005 |
| George Truppne | | Frank Moore | pequa |
| | | Ted Firetog | PP2006 |
| | | Kathy Firetog | |
| | | †Mary Ann Mangels | |



***Paul Harris
Fellows from
Farmingdale
Rotary Club***

* Deceased

TIDBITS

Quotes about love:

The soul needs friendship, the heart needs love.

Life is the flower for which love is the honey.

The only abnormality is the incapacity to love.

Love is the enchanted dawn of every heart.

**The more you love, the more you can love-
and the more intensely you love. Nor is there
any limit on how many you can love.**

Above quotes from "Bits & Pieces" Ragan Press

Farmingdale Rotary Club
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Pl. send Comments/Suggestions/
News Clips to the editor:
stusinclair@yahoo.com

We are on the web
www.farmingdalerotary.org

THE FOUR WAY TEST

In the things we say and do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



**Farmingdale
Rotary Club**