



NO. 5051  
 DISTRICT 7250  
 CHARTERED:  
 JUNE, 13, 1928

# FARMINGDALE ROTARY CLUB

P.O. BOX 575 FARMINGDALE, NY 11735

[WWW.FARMINGDALEROTARY.ORG](http://WWW.FARMINGDALEROTARY.ORG)

**MEETS EVERY WEDNESDAY 12:10 PM at Terry G's**  
 354 MAIN STREET FARMINGDALE NY 11735.

**Volume 79 Issue 22 | 78 YEARS OF "SERVICE ABOVE SELF" | Dec. 2007**

## OFFICERS

- President  
Robert Diaz
- Vice President  
Prakash Pisipati
- Secretary  
Bill Carman
- Treasurer  
John Cuccia
- Bulletin Editor  
Stuart Sinclair
- Sergeant-At-Arms  
Mark Lagnese
- Historian  
Bob Callahan

## DIRECTORS

- Chairman.  
 Ted Firetog  
 2006-2008
- Robert Chap-  
 man 2005-2007
- Yesh Purandare  
 2005-2007
- L Constantinopoli  
 2005-2007
- Nancy White

## Honorary Members

Gregory W.Carman, Sr.  
 Pastor, Diane Dunne

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## PROGRAM : MEETING ON WEDNESDAY, Dec. 5, 2007

This meeting was held at Terry G's on Main St. President Robert Diaz presided. VP Prakash Pisipati introduced Suneil Modi who is an expert Yoga instructor. Suneil explained that Yoga means "union" and you are becoming at peace with yourself and the world. Yoga involves breathing exercises to relax you, physical exercises and attitude changes to accept yourself and life. Yoga is an ancient art that derives from India. It helps people achieve happiness, wealth, health and good muscular coordination.

Yoga is gentle enough to be practiced by almost anyone. The beauty of yoga is that you don't have to be able to do all the positions; you can work within your own limitations and tailor your practice to your specific needs.

Mr. Modi led the Rotarians in some breathing exercises and in some stretching exercises. There is a breathing exercise in which you breathe out of alternative nostrils.

Stuart Sinclair responded for the club. He and his wife sometimes take yoga classes and it always relaxes them. Stuart thanked the speaker for informing the Rotarians of a way to find peace in a high pressure world.

## Upcoming Programs

DATE	SPONSER	SPEAKER	Title/TOPIC
12/12/07		Gary Placiniti	Holiday sing a long



### Announcements!

## Announcements

.Slate 2008-2009

Officers:

pres. Prakash Pisipati

VP John Cuccia

Sec Pat Stickle

Treas. Kathy Firetog

Editor: Stu Sinclair

Sgt-at-arms Yasuo

Usui

Historian Bob Callahan

Bd. Robert Diaz,

Nancy, Len, Ruth

Next Rotary  
Board meeting  
Monday,  
Dec. 17,  
Robert Diaz'  
office, 6 PM.

**Gerry Levine collected happy bucks. Joe Trudden was happy for Ben & Nancy's 50th. anniversary. Eric was happy about Chanukah. Mary Ann Mangels was happy for the Daleview sing-a-long. Bob Nostrand was happy for the good attendance.**

## Fund Raisers/Fun Raisers

12/13/07 Holiday Party Palmers  
Restaurant 6-9 PM. \$40 pp

Feb. '08 Spaghetti dinner.

3/22/08 Bowling

5/1/08 Wine & Food event

April 5 K run

June Fishing



### Calendar

## Daleview Sing-A-Long

The Rotarians entertained at Daleview Nursing home on Monday, Dec. 3. led by Paul Gatto and Neil, Yesh and Margarite, Bill and Pia Fanning, Nancy White, Stu and Marge, Frank Bondiotti, Kathy and Trevor Firetog. A good time was had by all.

## Rotary Club Meeting: General

The Farmingdale Rotary Club held its weekly luncheon meeting at Terry G,s Restaurant in Farmingdale. Robert Diaz presided. Len Constantino-poli provided an eloquent invocation.

Bill Carman calculated attendance at 80%. Guests were Nancy Giminaro, Margie Sinclair, Sunita Pisipati, Diane Dilello, Christine Snyder



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## Birthdays and Anniversaries: ( 12/1-12/31/2007)

### ANNIVERSARIES

Ben & Nancy (Dec.1)  
Giminaro

### BIRTHDAY

Len Constantinopoli (12/8)  
Joe Trudden (12/13)  
Bill Carman Jr. (12/24)

## Birthdays And Wedding Anniversaries

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## Rotary International / Rotary Foundation /District 7250 News

WELCOME FROM THE  
NEW DISTRICT GOVERNOR,  
SAMMY HSIAO

In the past, Rotary has taken a low profile approach by not actively publicizing our good works. Amazingly, many of our fellow business colleagues and neighbors are not familiar with our work with polio immunizations, Gift of Life operations for needy children,

Rotacare free medical services, extensive scholarship programs and our other local/national/international humanitarian efforts. Few realize that our Rotary Foundation is the largest scholarship granting organization in the world. Regardless, the reward for us lies not in recognition but in the service itself.

As Rotarians, it is our like minded dedication to others that acts as the bedrock of our inner joy. We succeed in bringing this joy to our families, friends and communities (both local and international) by sharing Rotary with those around us.

7250 website:

[www.gateway7250.org](http://www.gateway7250.org)





**ROTARY INTERNATIONAL & DISTRICT 7250 OFFICERS**

**President of RI**

Wilfred J.

Wilkinson

**Dist Governor**

Sammy Hsiao

**Dist. Treasurer**

Bernard J. Sandler



**THE FOUR AVENUES OF SERVICE**

**CLUB SERVICE \*denotes chairperson**

**Director:** Len Constantino-poli\*

**Classification and Member-ship:** Survey the club's classification and work toward in-creasing membership

Kevin Bagnasco Frank Bondietti Diane DiLorenzo Len Constan-tinopoli Ben Giminaro

**Sunshine and Fellowship:** Schedule and oversee fellow-ship activities. Inform the club of special events in members

lives. Sending cards and gifts.

Eric Chimon \* Stu Sinclair

Yasuo Usui Len Constantnopoly

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**Rotary Information:** Update club on new happenings in Rotary International. Give a short summary of the Rotary Magazine to club each month.

, Committee Members: All Farmingdale Rotary Members.

Bill Carman (father)\*,

Frank Moore

**COMMUNITY SERVICE**

**Director:** Nancy White

**Scholarships / Interact:** Selection of schlorship winners. Make sure they are eligible to receive the second half of their award. Inform Board of student projects we may be able to get involved in.

Robert Diaz Kevin Bagnasco \*Eric Chimon John Cuccia Barry Bhasin

**Social and Welfare:** Inform Board of any persons who may

require our assistance and inform the Club of any pro-jects and activities the Club should undertake to improve

life in the community.

Ben Giminaro,\* Sergio Aguirre, Diane DiLorenzo Paul Gatto

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**Public Relations:** Work with local newspapers and the community getting the word of Rotary activities.

**VOCATIONAL SERVICE**

John Allen Yasuo Usui

Ruth Betz\*

**VOCATIONAL SERVICE**

**Director:** Robert Chapman

Develop ways by which mem-bers can use their vocations to provide service to others. Sup-ply club with vocational pro-jects beneficial to students.

Prakash Pisipati, Jim Anderson

**INTERNATIONAL SERVICE**

**Director:** Yesh Purandare\*

**Student Exchange and Group Study Exchange**

**(G.S.E.) Committee::** Part-icipate in the selection and supervision of our incoming and outbound team members.

Help obtain housing and trans-portation for visiting inbound team members and students.

Kevin Bagnasco Bill Carman (son) ,Mike Muchmore,

Barry Bhasin

**Rotary Foundation:** Keep club informed of Foundation and any changes and grant op-portunities..

Mike Muchmore \*

John Allen Bob Callahan

**Gift of Life:** Be a participant in the joy of helping save the life of a child.

Ruth Betz Diane DiLorenzo Sal Nicosiai

Barry Bhasin \*

**PAUL HARRIS FELLOWS**

Charles O. Schmidt *	Charter Pres.	Yeshwant Purandare	PP 1990
Halsey B. Knapp *	PP 31-PVPRI	Bill Fanning	PP 1991
Weldon E. Howitt *	PP 1936	James J.McKenna *	
Charles M. Schmidt *	PP 52-PDG	Alex R.Matera	PP 1969
57		Charles W.Federlin	PP 1992
W. Ellery Follett *	PP 1937	Mildred DeMarco	
Willis B. Carman, Sr. *	PP 1954	William B.Haydu	
Arthur F. White *	PP 1956	Kevin Bagnasco	PP 1994
David Allee *	PP 1958	Robert J.Chapman	PP 1993
Fred Hackett	PP 1965	Gregory W.Carman, Sr.	PP 1997
Robert Stockbridge *	PP 1963	Wayne M.Muchmore	
Albert Meyerstein *		James R.Corgee	
Willie F. Oxendine *	PP 1987	Salvatore J.Nicosia	PP 1973
John O.Wagner, Jr. *	PP 1957	John Allen	PP 1996
Benjamin Giminaro	PP 1976	Edoardo Licci	PP 1998
Robert M.Callahan	PP 1962	Joseph Trudden	
Anthony M. Tonachio	PP 1978	Nancy White	PP 1999
Howard T.Hogan*		Stuart Sinclair	PP 2004
Willis B.Carman, Jr.	PP 1974	Leonard Constantinopoli	PP 2000
William P.Metzendorf	PP 83-DG 00-1	Hilda Carman	
Gilbert C.Pabst *	PP 1984	Margaret Sinclair	
Ann E.Metzendort		Gigi Simonitti	
Dorothy Oxendine		Yasuo Usui	PP 1995
Rudolph Jahn		Eric Chimon	PP 2001
Sebastian Albrecht	PP 1955	Joseph Meares	PP 1998
Frank Bondietti	PP 1986	Lou LaRocco	
Edwin J.Lucie	PP 1976	Marialyce Denauski	
Cynthia Pabst*		Jane Muchmore	
Alfred LiCausi		Ruth Betz	PP2005
Paul A.Erlanson *	PP 1971	Frank Moore	
George Truppner			
		Ted Firetog	PP2006
		Kathy Firetog	



***Paul Harris  
Fellows from  
Farmingdale  
Rotary Club***

\* Deceased

# TIDBITS

Farmingdale Rotary Club  
P.O. Box 575  
Farmingdale, NY 11735  
[www.farmingdalerotary.org](http://www.farmingdalerotary.org)

email:  
[robertdiaz@edwardjones.com](mailto:robertdiaz@edwardjones.com)

Pl. send Comments/Suggestions/  
News Clips to the editor:  
[stusinclair@yahoo.com](mailto:stusinclair@yahoo.com)

**We are on the web**  
**[www.farmingdalerotary.org](http://www.farmingdalerotary.org)**

## A New York Pigeon by *Stuart Sinclair*

He's a New York pigeon,

Strutting his stuff, bobbing his head, crossing 47th. St. like he owns it,

He's a New York pigeon,

Ducking the cabs, ignoring the folks, doing his thing with the bread crumbs.

He's a New York pigeon,

Taking the heat along with the cold, worrying not that he's getting old,

It's his city; it always will be.

He's a New York pigeon.

## THE FOUR WAY TEST

**In the things we say and do:**

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



**Farmingdale  
Rotary Club**